

What is the strangest archeological object ever found?



João Godinho

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It is not an object, rather the remains of a person, that I find mind boggling:



In 2007, while doing maintenance work on the local waterworks in Beja, Portugal, amidst other skeletons from the Islamic period, this peculiar one was found. In opposition to the other remains - which faced Meca - this one was buried, facing west. It was also older than the other findings, much older. And above all, the skeleton was buried in the Lotus position, with the heelbone of the right foot supported on the bones of the left foot. Archeological investigators have recently concluded that the remains are 1700 years old and belong to a Yoga Master who apparently walked the 8000 kms from India to Portugal, on the extreme west of the European continent! The opinion of the Grand Master of the Portuguese Yoga Federation, Jorge Veiga e Castro, as well as several Indian Yoga Masters, is that it in fact can only be the remains of a Yoga Master, making it by far, the oldest burial proof outside India, in a time (3rd century A.D.) where the practise of Yoga was circumscribed to a small area of the Planet. The skeleton is of a man, age 50, 1,62 meter tall, robust and in good health and with the bonestructure and wear of someone used to long walks. [↗](#) A wake was held for a few days, in the open, and the body was deliberately buried in this position, as a model for a correct posture of the Lotus position. Further DNA testing will be carried out, to among

other things, find out the eating habits of the Yoga Master.

What really baffles me about this is finding someone so far removed from his origin, in what was at the time a Roman city, Pax Julia, and above all someone so distinct as a Yoga master, some 1200 years before regular presence of Europeans in his homeland.

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